Nara City Information for Residents

September 2024 Issued by Nara City Hall (No. 1246) (All events, classes and lectures are conducted in Japanese.)

Translation by Nara SGG Club (Systematized Goodwill Guide Club) For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding. Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter, Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center, Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan, Hokubu Kaikan, Chuo Library, Seibu Library, Kintetsu Nara Station, Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



Photo: Sarusawaike Pond Uneme *Matsuri* Festival (Photo above) in 2024 will be held on Sarusawaike Pond venue site on September 17.

90 percent of cervical cancer caused by HPV (human papillomavirus) can be prevented by immunization! Please get vaccinated against HPV.

About Cervical Cancer

- 1, Younger people are susceptible.
- 2, With vaccination the disease rate is reduced by half.
- 3, Countries with a high vaccination rate have a lower rate of the disease.
- 4, Side effects are comparable to other vaccinations.

Most women will be infected with HPV which causes cervical cancer at some point in their lives.

Vaccination against HPV is very effective in preventing the disease. Nara City is conducting **catch-up vaccinations** as well as routine ones, as there was a period of suspension of

vaccination from 2020. Until March 2025, you can get this vaccination free of charge.

It is recommended to get the first-time vaccination this September.

We recommend reconsidering about getting vaccination if you are unsure.

----- To complete the vaccination at the standard interval while it is free of charge period (to the end of March 2025) ------

Girls in the first year of senior high school should complete the first routine vaccination, and women who wants to get the catch-up vaccination also should have the first one, **by the end of September**. Vaccination is voluntary after the target period and in that case you must pay the full expenses by yourself (¥30,000 per vaccination).

How to get vaccinated,

You can find medical facilities registered with Nara City (with maps) offering the vaccination **on the city website**. Please make a reservation directly with the medical facility you choose.

Things to bring:

- 1) An identification document such as health insurance card
- 2) Documents showing your past vaccination history such as Mother's and Child's Health Handbook or vaccination certificate

Preliminary examination leaflets are available at Nara City registered medical facilities. For details

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

September 1st is Disaster Prevention Day

Please be aware of disasters and prepare.

Inquiries: Kiki Kanri-Ka (Crisis Management Section)

Confirm with your all family members to prepare for disasters:

Plan how to evacuate and how to confirm each other's safety

Prevent furniture from falling over

Keep a list of emergency supplies and purchase those you need.

Be proactive in gathering information from the official websites of government organizations and infrastructure companies.

Nara City Website \Rightarrow

Tel. 0742-34-4730







You can get information such as emergency earthquake alerts and heavy rain forecasts through apps.

Information on disaster situations, evacuations, power outages and so on are also available.

Power outage information from Kansai Electric Power Co. Inc.



Do it now ! Stock food, water and daily necessities, for at least three days, or one week if possible.

----- Things to prepare include------

☆ **Household goods** such as plastic wrap, paper plates and a portable gas stove with gas cylinders in case of water, gas and power outrage. (Please prepare approximately 10 gas cylinders) Heating bags that can heat pre-packaged foods without fire are also available.

☆ Sanitation goods such as disinfectant wet wipes, waterless toothpaste sheets, portable toilets (five a day per person), etc. in case of water outrages.

Masks are also a necessity to prevent infection, deal with dust and so on at evacuation sites.

- ☆ Mobile storage batteries, radios, dry cell batteries and so on let us get the latest necessary information, including from smartphone, when a disaster occurs. Please be careful not to run batteries down. A <u>flashlight</u> with a radio is also useful.
- * Written information prepared in advance, such as your family members' and relatives' telephone numbers, your bank account numbers, etc. will be helpful in case of emergency. Having pencils and papers to take notes is very useful.
- ☆ Food for 3 days at minimum and one week if possible. Familiar and nutritious foods are better. Long-lasting vegetables such as potatoes, onions, pumpkins, and pickled plums and dried foods are helpful in case of emergency.

Garbage Collection

Exterminate of hive at the collection site

They are dangerous for users and workers. Please have the managers or users of sites remove the hives. Bring garbage to the collection site by 7:30 on the collection day. Carbage Collection Dates and Areas in Sontember

Garbage Collection Dates and Areas in September

Area	A, F	B, E	C, H	D, G
Burnable Garbage	Mon. & Thurs.		Tues. & Fri.	
Unburnable Garbage	4, 18 (Wed.)		11, 25	(Wed.)

* Garbage will be collected on September 16 (Holiday) and 23 (Holiday) as usual. Areas A-D are covered by Nara City, and areas E-H are covered by City Seibi-Kosha & Co. Ltd or Takeda Environment Co. Ltd and Yamato Seiso JV. The garbage collection dates may be different in some areas. Please check the Nara City website.

Inquiries: Shushu-Ka (Collection Section) City Seibi Kosha (Public Corp.) Takeda Environment Co. Ltd. and Yamato Seiso JV Tel. 0742-71-3012 Tel. 0742-33-8782 Tel. 0742-63-2552

Traffic Safety Campaign in Autumn Sept. 21 (Sat.) - 30 (Mon.)

Keep Yamatoji Roads in Nara Safe and Accident-Free

"Let's Improve Traffic Manners in Nara"

Priority Activities:

- 1. Securing the safety of pedestrians including children and the elderly.
- 2. Preventing traffic accidents involving pedestrians at dusk and night.
- 3. Eradicating drunk driving.
- 4. Thorough wearing of a helmet when riding bicycles and adherence to bicycle traffic rules.

Rally for Traffic Safety Campaign in Autumn

Date & Time: September 25 (Wed.) 13:30-15:00 Place: Seibu-Kaikan-Shimin Hall (Gakuen-Minami 3-chome)

Inquires: Kiki-Kanri-Ka (Crisis Management Section)

Tuberculosis Prevention Week Sept. 24 (Tues.) - 30 (Mon.)

Knowledge needed for prevention

If you have cold-like symptoms for more than two weeks, see a doctor. Have an annual X-ray examination of the chest. Live a healthy lifestyle and boost your immunity.

Awareness panel display

Date & Time: 1) September 24 (Tues.) - 27(Fri.) 2) September 30 (Mon.) - October 4 (Fri.) Place: 1) Entrance to Nara City Hall 1F, 2) Hagukumi Center 1F

Inquiries: Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

For more information \rightarrow



Vaccination Notices

*Japanese encephalitis vaccinations to start (for those born in September 2021) *Preliminary examination leaflets will be sent in late August (for those born in **July 2024**

Inquiries: Kenko-Zoshin-Ka (Health Care Section)

Tel. 0742-34-5129



Designated medical facilities in Nara City \rightarrow

Medical OfficeRups for Dables & Officient			
Checkup Name (Eligibility)	Date	Place	
4-month-old Babies Checkup	From 4-month birthday until the day		
(Born in June 2024)	before turning 5-months-old.	Designated medical facilities	
10-month-old Babies Checkup	From 10-month birthday until	in Nara City.	
(Born in December 2023)	the day before turning11-months-old.		
19-month-old Babies Checkup	October 3, 10,17, 24 (Thurs.)		
(Born in February 2023)	Date and time are indicated on the	Chuo Hoken Center (Central	
(Doffi in February 2023)	questionnaire	Health Center)	
3-1/2-year-old Children's Checkup	October 8, 22, 29 (Tues.)	(Hagukumi Center 2F)	
(Born in March 2021)	Date and time are indicated on the	(Hagukulli Centel 21)	
(Dorn in March 2021)	questionnaire		

Things to bring: The questionnaire and *Mother's and Child's Health Handbook*. The questionnaire will be sent in the middle of September. People who moved to Nara City after September 1, and have not received the questionnaire by the checkup day should contact Boshi-Hoken-Ka (Mother and Child Health Section). Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

Tel. 0742-34-4930

Workshops for Pregnant Women, Parents & Babies and Dental Checkups

Ha-Pika Class for One-Year-Old Babies (Tooth Decay Prevention Class)

Date & Time: September 17 (Tues.) 10:00-11:00
Place: Hagukumi Center 2F
Contents: Lecture and training about dental care for new teeth.
Capacity: 24 pairs of a first-born child born between June and September 2023, and his or her guardians
Things to bring: Mother's and Child's Health Handbook and the currently used toothbrush or some gauze for wiping the baby's mouth
Deadline for application: September 12 (Thurs.)

Paku-Paku Class for Five-month-old Babies (Baby Food Class)

Date & Time: September 18 (Wed.) 10:00-11:15
Place: Hagukumi Center 2F
Contents: Lecture and training about weaning food by a dietitian and talk about child rearing by a public health nurse
Capacity: 32 pairs of a first-born child born in April 2024, and his or her guardians
Things to bring: *Mother's and Child's Health Handbook* and the baby food leaflet included in the checkup

questionnaire for four-month-old babies.

Deadline for application: September 13 (Fri.)

Maternity "Happy" Check (Dental Checkup for Pregnant Women)

Date & Time: September 26 (Thurs.) 9:30-11:30 Place: Hagukumi Center 2F Contents: Dental check, learning about tooth brushing, and fluoride coating only for applicants. Capacity: 28 pregnant women between 16 and 32 weeks of gestation on the day Things to bring: *Mother's and Child's Health Handbook* and a towel Deadline for application: September 19 (Thurs.)

Fluoride Coating for Tooth Decay Prevention for Children Born in September 2022

Date & Time: September 27 (Fri.) 9:30, 10:00, 10:30, 11:00 (30 minutes each)
Place: Hagukumi Center 2F
Contents: Dental check, learning about tooth brushing, and fluoride coating
Capacity: 25 babies each time
Things to bring: Mother's and Child's Health Handbook, a toothbrush which is not worn out, and towels.
Deadline for application: September 24 (Tues.)

Papa & Mama Salon

Date & Time: October 11 (Fri.) 9:30-12:00
Place: Hagukumi Center 2F
Contents: Lecture about baby and child rearing by a public health nurse and a midwife, and practicing how to bathe a baby.
Capacity: 12 pairs of a first-time pregnant woman between 22 and 32 weeks of gestation on the day and her partner (Only pregnant women can participate.)
Things to bring: *Mother's and Child's Health Handbook*

Deadline for application: October 4 (Fri.)

Application: Call Boshi-Hoken-Ka (Mother & Child Health Section) by each deadline. Tel. 0742-34-1978

Saturday Kids "Let's play with origami."

Date & Time: September 28 (Sat.) 9:30 -11:30

Place: Higashinosaka Jido-Kan (Kawakami-cho)

Lecturer: A member of Origami-no-Wa

Capacity: 15 students under junior high school age. * Preschool children must be accompanied by a guardian.

Application: Please apply from here \rightarrow



or call the Jido-Kan. (Tel. 0742-27-8263)

* Applications can be accepted directly at the Jido-Kan.

* Applications will close as soon as the capacity is reached.

Cancer Examinations (October)

Please apply to Kenko-Zoshin-Ka (Health Care Section) by phone, fax or on the Nara City website. Please call Tsukigase Health Consultation Room for the examinations to be conducted at the Tsukigase Kominkan. Free of charge for those who are on social welfare or belong to households receiving residential tax exemption. Please notify us of such when you apply.

Application Period: September 2 (Monday) - 20 (Friday)

Stomach and Lung Cancer Examinations

Date	Place	Reception Time	Capacity
Oct. 7 (Mon.)	Hokubu Shutchosho	9:15-9:45	10 each
	Hokubu Shutchosho	9:45-10:15	10 each
Oct. 11 (Fri.)	Naramachi Center	9:15-10:15	27
Oct. 15 (Tues.)	Seibu Toshokan	9:45-10:15	10 each
Oct. 15 (Tues.)	Selbu Toshokan	10:15-10:45	10 each
Oct. 16 (Wed.)	Co-op Oshikuma	9:15-10:15	27
Oct. 18 (Fri.)			
Oct. 21 (Mon.)	Hagukumi Center	8:45-9:45	33 each
Oct. 25 (Fri.)			
Oct. 22 (Tues.)	Tsukigase Kominkan	8:30-10:30	30 each
Oct. 23 (Wed.)	Isukigase Kommkan	(Appointment only)	50 each
Oct. 28 (Mon.)	Seibu Shogai Sports Center Club House	9:15-10:15	27
Oct. 29 (Tues.)	Tomio Kominkan	9:15-10:15	27
Oct. 30 (Wed.)	Nishi-Fukushi Center	9:30-10:30	20

Lung Cancer Examinations

Date	Place	Reception Time	Capacity
Oct. 9 (Wed.) Oct. 15 (Tues.)	Hagukumi Center	14:00-15:00	60 each
Oct. 18 (Fri.)	Co-op Oshikuma	14:00-15:00	40

Stomach Cancer Examination: X-ray (involving drinking barium on the day)

Lung Cancer Examination: Chest X-ray (including TB test)

- **Fee:** 1,500 yen (1,000 yen for stomach cancer examination only and 500 yen for lung cancer examination) Additional 600 yen will be needed if a sputum test is performed as a result of general check-up for lung cancer. (Postage may need to be paid.)
- **Those Eligible**: 40 years old and over except for pregnant women; those who had stomach, lung, or intestine surgery or are in treatment; those who have barium sensibility or had aspiration (lung cancer examination is possible); those who had endoscope for stomach cancer by Nara City in fiscal year 2023 or 2024 (lung cancer examination is possible); and those who had low-dose CT screening for lung cancer by Nara City in fiscal year 2024 (stomach cancer examination is possible)

Others: For those who are breastfeeding, please inform us of such when you apply. The examination interval is once a year. There might be cases where you may not be able to have the examination depending on your physical condition or medical consultation on the day. For details, please visit here. =→

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tsukigase Health Consultation Room Tel. 0742-34-5129, Fax. 0742-34-3145 Tel. 0743-92-0480



Maternal and Infant Health Care Consultation

Hagukumi Center 3F

Consultations by phone or face to face (with public health nurses or midwives)

* Appointment required

Date & Time:8:30-17:15 on weekdays (9:00-15:00 on weekdays with midwives)Inquiries:Boshi-Hoken-Ka (Mother and Child's Health Section)Tel.0742-34-1978

Tsuge Hoken Center

Consultations by phone or face to face (with public health nurses or nutritionists) Date & Time: 8:30-17:15 on weekdays

Traveling consultations with public health nurses

Date & Time	Place
Sept. 19 (Thurs.) 9:30-11:00	Yagyu Kodomo-En (Yagyu Shimo-cho)
Sept. 25 (Wed.) 10:00-11:30	Tawara Kominkan (Myoga-cho)
Sept. 27 (Fri.) 10:00-12:00	Tsukigase-Fukushi Center
Sept. 27 (FII.) 10:00 12:00	(Tsukigase Oyama)

Things to bring: *Mother's and Child's Health Handbook* Inquiries: Tsuge Hoken Center Tel. 0743-82-0341

Tsukigase Health Consultation Room

Consultations by phone or face to face (with public health nurses)

*Appointment required.

Date & Time: 9:00 - 16:30 on weekdays Inquiries: Tsukigase Health Consultation Room Tel. 0743-92-0480

Pre-Papa and Pre-Mama Course

"Let's think about the division of roles of the couple before giving birth."

Date & Time: September 29 (Sun.) 10:00-11:30

Place: Danjo-Kyodo Sankaku Center / Gender Equality Center (Suruga-machi)

Contents: To consider the division of roles and couples' systems of cooperation before and after childbirth

Capacity: 20 pairs of pregnant women and their partners

Lecturer: Atsushi Shinoda, the representative of fanfare

Application: Please apply by September 13 (Fri.) from here

Inquiries: Danjo-Kyodo Sankaku Center / Gender Equality Room



Tel. 0742-81-3100

Hello, Visiting Babies (under four months old) For those who are worried about rearing babies

(A midwife or a public health nurse will visit your home)

Those eligible: Those who want to consult about breast-feeding or those whose baby's birth weight was under 2,500g

Application: Apply to Boshi-Hoken-Ka (Mother and Child Health Section) by phone (Tel. 0742-34-1978), by using a dedicated application form or by sending the green postcard issued with the *Mother's and Child's Health Handbook.*

For those without particular worried about baby rearing

A city-commissioned counselor will call you and visit your home Inquiries: Kosodate-Sodan-Ka (Child Consultation Section)

Tel. 0742-34-4804

Tableware Reuse Event

Date & Time: October 5 (Sat.) 9:00-13:00

Place: 1st floor of the Hagukumi-Center

Contents: Collection and distribution of tableware that is no longer needed at home.

*Only Ceramic and glass tableware can be collected. Items made of wood, plastic, lacquerware,

clay pots, etc. cannot be collected.

Inquiries: Haikibutsu-Taisaku-Ka (Waste Management Section) Tel. 0742-71-3001

Naramachi Nigiwai-no-Ie

5 Nakashinya-cho, Nara 630-8333 Tel. 0742-20-1917

Machiya (Old style Japanese Houses) in the nighttime

Date & Time: September 21 (Sat.) 17:00-20:00

Performer: Mr. Masuda Manabu, etc. of Artone

Exhibition of festival memories followed with photos and costumes

Date & Time: From September 29 (Sun.) to October 19 (Sat.) 9:00-17:00 (Until 16:00 on the last day.)

Naramachi Koshi-no-I.e. (lattice house)

44 Gangoji-cho 630-8332 Tel. 0742-23-4820

Machiya(town house) Panel Exhibition:

"Restoration and Utilization of Machiya and Their Actual Use ~ Secrets of Prosperous Living"

Date & Time: September 8 (Sun.) - 27 (Fri.) 9:00-17:00

(starts at 13:00 on the first day, until 16:00 on the last day)

Shiryo Hozon-Kan (Museum of Archives and Preservation)

1-1 Wakido-cho 630-8337 Tel. 0742-27-0169

Closed on Mondays (except holidays), closed on September 24 (Tues.)

Special Exhibition of Naramachi-Saijiki, "Deer Antler Cutting"

Date & Time: September 22 (Holiday) - October 19 (Sat.) **Contents:** Picture postcards and so on

Special Exhibition of Museum Collections, "The burning down of the five-story pagoda of Gangoji Temple"

Date & Time: September 22 (Holiday) - October 19 (Sat.) Contents: Exhibition of postcard, etc.

Volunteer Information Center

13-1 Sanjo-hon-machi, 630-8122 Tel. 0742-93-8435 Fax. 0742-34-2336

Panel Exhibition about NPOs (Non-profit Organizations)

Date & Time: September 1 (Sun.) – 28 (Sat.)

Contents: Exhibits by Mahoroba enbukai and Nara tomonokai

Irie Taikichi Memorial Nara City Museum of Photography

600-1 Takabatake-cho 630-8301 Tel./Fax. 0742-22-9811

Nakanishi Toshiki Photo Exhibition - The New Land -

Date: Sept. 7 (Sat.) - Nov. 24 (Sun.)

Irie Taikichi Photo Exhibition - Yamatoshi-Uruwashi (Beautiful Nara) -

Date: Sept. 7 (Sat.) - Nov. 24 (Sun.)

Fee: 100 yen for elementary and junior high school students

200 yen for high school and college students

500 yen for adults

Free admission every Saturday for elementary, junior high and high school students

Free admission for persons 70 years old and over, physically challenged persons (certificate required) and their caregivers.

Naramachi Center

38 Higashi-Terabayashi-cho 630-8362 Tel. 0742-27-1151

Tampopo-No-IeArt Center HANA Special Exhibition

- a) Story of Works Date & Time: Sept. 11 (Wed.) - 23 (Holiday) 10:00-17:00 (until 15:00 on the last day)
- b) Shutcho Choco-to-Kokai-Seisaku-Kai (Little On-Site Art Workshop, Open to Public) Date & Time: Sept. 14 (Sat.) and 21 (Sat.) 13:00-15:00

HANARART meeting

- c) Panel Exhibition Date & Time: Sept. 14 (Sat.) - Oct. 6 (Sun.) 10:00-16:00
- d) Lectures on Sustainability Date & Time: Sept. 14 (Sat.) and 15 (Sun.) * Time to be confirmed
- e) Eco Marché Date & Time: Sept. 14 (Sat.) and 15 (Sun.) 10:00-15:00 * Will be canceled in case of rain Inquiries: Nara-Machiya-no-Geijutsu-sai (Nara townhouse art festival) HANARART Executive Committee Tel. 090-9215-6847

Photo Exhibition of Nurse's Office for the Mind "*Shizuku-no-Hoseki* (Jewel in a Drop)" Date & Time: Sept. 26 (Thurs.) - Oct. 6 (Sun.) 10:00-17:00 (until 16:00 on the last day)

Marché by Nara City Foundation, Call Duck K-chan, and Lovely Companions Date & Time: Sept. 28 (Sat.) 11:00-16:00 Contents: Stalls for food and drink, and cultural and sporting activities such as Mölkky

Kason Sugioka Calligraphy Museum

3 Wakido-cho 630-8337 Tel. 0742-24-4111

Calligraphy Experience Corner

Date & Time: Sept. 14 (Sat.) – 16 (Holiday), 9:00 – 17:00

Mahoroba Calligraphy Exhibition

Date & Time: Oct. 5 (Sat.) – 27 (Sun.)

Contents: Special exhibition organized by those who studied calligraphy at Nara University of Education

[Fee] 300 yen for individuals, 240 yen for groups (over 20 people). Free of charge for those under 16 years old, high school students, those over 70 years old living in Nara City, and challenged people (Certificate needed) and their caregivers.

* The museum will be temporarily closed from October 1 (Tues.) to 4 (Fri.) for exhibition changes.

Nara City Museum of Art

Minara 5th floor, 3-1, Nijo-Oji-Minami 1-chome, 630-8012 Tel. 0742-30-1510 Fax. 0742-35-7160

The 43rd Exhibition by Artists in Nara

Date & Time: Sep. 18 (Wed.) – Oct. 6 (Sun.), 10:00 – 17:30 * Admission until 17:00

Exhibition of Tea Ceremony & Flower Arrangement in Nara

Date & Time: Sept. 15 (Sun.), 10:00 – 16:00 / 16 (Holiday), 10:00 – 15:30 Place: Hagukumi Center 1 F Inquiries: Okamoto-san of the Association of Nara City Tea Ceremony & Flower Arrangement Tel. 0742-46-8585

Moon Viewing Festival-Eve of Mid-Autumn Moon Festival

Date &Time: Sept. 16 (Mon.) 16:00 – 21:00 Place: Heijo No.3 Kinrin Koen Park (Ukyo 3-chome) Inquiries: Ukyo-chiku Residents' Federation Tel. 0742-71-8019

The 2024 Dance Presentation

Date & Time: Oct. 5 (Sat.) 13:00-15:30Place: Seibu Kaikan (Gakuen-minami 3-chome)Inquiries: Fukuyama-san, Nara City Recreation AssociationTel. 090-5650-1607

The 5th Nara Craft Beer Festival

Date & Time: Oct. 5 (Sat.), 6 (Sun.)10:00-17:00Place: Nobori-oji Enchi Venue in Nara Park (Nobori-oji-cho)Inquiries: Kume-san, Nara Beer Festival Executive CommitteeTel. 0742-25-3338

Kasuga Kominka	n 86-1 Minami-Kyobate-cho 1-chome 630-8141 Tel. 0742	Tel. 0742-62-2253	
Event Name	Date & Contents	Application	
Kasuga Origami	Making seasonal origami crafts for wall decoration	Not necessary	
Saloon	Sept. 11(Wed.) 13:30 – 15:00 For adults Fee: 200 yen	not necessary	

Lifelong Learning	Center	23 Surugamachi 630-83	357 Tel. 0	742-26-8811	Fax. 0742-26-8813
Event Name		Date & Conten	nts		Application
Salon Concert	Playing th	ne Kinden school Ta	isho- <i>koto</i>	(Japanese	
Be tempted into the	harp) and s	singing by Epoch			Not nonocomu
tone of the <i>koto</i>	Se	pt. 28 (Sat.) 13:00-14:0	00		Not necessary
(Japanese harp)		* Free Entry			

Seibu Kominkan 1-5, 3-chome Gakuen-minami 631-0034 Tel. 0742-44-0101 Fax. 0742-44-0103

Event Name	Date & Contents	Application
	Tai chi (traditional Chinese pugilism) demonstration	
Experiential	and practice	
exchange event by a	Sept. 26 (Thurs.) 10:00-12:00	Not necessary
voluntary group	Capacity: Adults (Workers and students in the city	
	can participate) * Free Entry	

Lifelong Learning Center, Gallery Exhibition

	23 Surugamachi 630-8357 Tel. 0742-26-8811	Fax. 0742-26-8813
Event Name	Date & Contents	Application
Gallery exhibition of watercolor paintings	Watercolor paintings by Koei-kai Group Sept. 25 (Wed.) - 29 (Sun.) 10:00-16:00 Watercolor paintings by Saiyu-kai Group Oct. 2 (Wed.) 13:00-16:00, Oct. 3 (Thurs.) - Oct. 6 (Sun.) 9:00-16:00 * Free Entry	Not necessary



Kita-Machi Tbiro, 2024 October 4 (Fri.) -6 (Sun.)

Lantern lighting time: 17:30- 19:30 Place: Nara Kita-Machi area (Todaiji Temple Tegaimon-mae Square, Higashimuki-kita shopping street, etc.)

'Nara-kita-machi' stretches to the north of Kintetsu Nara Station. Colorful hand-made lanterns called 'Toiro Lanterns' are lit at various places. A special plan will be conducted by stores and organizations in Kita-Machi in cooperation with public relations. You can enjoy songs, dancing and musical performances on the 'Toiro Stage'. Why don't you take part in the event?

Inquiries: Kita-Machi Toiro Executive Committee

(Within Shintosha: Tel. 0742-23-5055 10:00-17:00 weekdays) For further details, check the website



September 20-26 is Animal Protection Week

----- For people and animals to live together happily -----

<Take responsibility for everything>

Keep animals in a good raising environment and pay attention to their health. Understand animals and raise them with responsibility and affection

<Identify owners and their dogs or cats>

Owners must register their dogs. The dog license must be attached to a collar. A name plate or microchip must be also attached.

Contact the nearest public health center and police if a lost dog is found.

<Consider the local living environment>

It is prohibited to let dogs loose.

A dog owner must always collect its waste.

Raise cats in a house and pay attention to their health condition.

Don't feed stray cats irresponsibly.

Inquiries: Hoken-Eisei-Ka (Sanitation Section)

Tel. 0742-93-8395 Be careful not to call the wrong number.



Education Center Kids Learning Floor

Class Name	Date & Time	Deadline
Planetarium "The story of the moon" Capacity: 40 seats each time	Every Saturday, Sunday and holiday in September 1. 10:30-10:50 2. 13:30-14:00	Reception on the day
Petit-Petit Craft "Hopping frog, Hopping rabbit" Capacity: 15 children 4 years old and over each time	September 21 (Sat.) 1. 10:00-10:20 2. 11:00-11:20 3. 14:10-14:30	une day

Movie Screening: Manga World Old Stories "The King with Donkey Ears" and "The Lyre of Orpheus" Capacity: 200 seats	September 22 (Holiday) 13:00-13:30	Not Necessary	
Night Planetarium "Whimsical Planetarium: We will deliver the seasonal stary sky." Capacity: 40 seats * For children from the upper grades of elementary school. Adults can participate by themselves.	September 27 (Fri.) 18:30-19:10	Reception on the day	
Science Experiment Class "Let's make a hand-cranked generator" Capacity: 18 students, elementary school 2nd graders and over each time	October 5 (Sat.) 1. 13:00-14:00 2. 14:30-15:30	September	
Craft Experience Class "Making Nigiri-Zumi (ink sticks)" Capacity: 18 children age 5 and over Fee: 1,650 yen	October 6 (Sun.) 10:00-11:30	16 (Mon.)	
Astronomical Observation Event "Let's look at the waxing crescent moon and Saturn through a telescope." Capacity: 15 students, elementary school first grade and over Place: Bodai-kawa River Park (Sanjo Honmachi) * It will be held at the planetarium in case of rain and cloudy weather	October 11 (Fri.) 18:30-20:00	September 23 (Mon.)	
Science Experiment Class "Do Miracles! Do Science! – Stained glass using polarized sheets!?" Capacity: 15 children 5 years and over each time	October 13(Sun.) 1. 11:00-11:40 2. 14:20-15:00		
Space Class: "Let's launch a syringe rocket" Capacity: 18 students, elementary school 1st grade and over	October 19 (Sat.) 10:00-11:30	September 30 (Mon.)	
Programming Class (for intermediate and advanced) "Let's create a horizonal scroll game using the Scratch" Capacity: 12 students, elementary school 3rd grade each time * Those who can participate both days of the Lecture Series	October 20 (Sun.), 27 (Sun.) 1. 10:00-11:30 2. 13:30-15:00	September 30 (Mon.)	
Craft Experience Class: "Let's draw freely with rollers" Capacity: 12 children 4 years and over each time	October 26 (Sat.) 1. 10:00-11:30 2. 13:30-15:00	October 7 (Mon.)	

Place: Hagukumi Center 9F

Application: Apply online from the Nara City Website. In case of excess applications, a lottery will be held.

Others: Reception on the day of the class will start 15 minutes prior to the starting time of each class and will be closed when the prescribed number of applications is reached. Children must be accompanied by guardians. In addition to the above, other courses may also be held. The planetarium is available for use by groups (application required)

For the latest information, please check the city website or contact us directly.

Inquiries: Kids Learning Floor (Education Support and Consultation Section)

Tel. 0742-36-0401

Apply from here \blacksquare

